

# FORMATION

## Anglais Reflex - Niveau 3

### A distance



## Objectifs

Reflex'English Level 3 s'adresse aux apprenants qui souhaitent réviser ou consolider les connaissances abordées en niveau B2.

Reflex'English Level 3 permet d'atteindre le niveau B2/C1 du CECRL, il est composé de 24 leçons d'apprentissage et de 6 leçons de test, avec de nombreuses animations de situations, de grammaire et de vocabulaire. Parmi les objectifs de ce niveau : Comprendre le contenu essentiel de sujets concrets ou abstraits dans un texte complexe, y compris une discussion technique dans sa spécialité - Communiquer avec spontanéité et aisance avec un locuteur natif - S'exprimer de façon claire et détaillée sur une grande gamme de sujets, émettre un avis sur un sujet d'actualité et exposer les avantages et les inconvénients de différentes possibilités.

**Formation éligible au CPF**  
**Passage de la certification English 360**  
**(si CPF)**



- ▶ **Type de cours :**  
**Distanciel**
- ▶ **Référence :**  
**ANG3-REF-DIS**
- ▶ **Durée:**  
**100h de formation**
- ▶ **Lieu :**  
**A distance**

ATTESTATION DELIVRÉE EN FIN DE FORMATION

### Pré-requis

Apprenants ayant validé les compétences du niveau Reflex 2 (de préférence).

### Public visé

Tout public ayant déjà un niveau d'anglais intermédiaire.

### Méthodes pédagogiques

- Ordinateur + connexion internet (avec micro et haut parleurs) pour le distanciel
- 30 modules comprenant de multiples jeux-exercices interactifs et stimulants
- 24 leçons d'apprentissage
- 6 leçons de tests
- Évaluation en fin de stage,
- Attestation de formation.

# Programme

## PARTIE 1: Reflex'English Level 3 (B1) - 60H

### Lesson 01 - Chatting with people living in

#### France: Janice

Asking for permission  
Polite requests  
The past tenses  
Since, for, ago  
Types of conditionals  
Mixed conditionals  
Review of pre-intermediate Level  
Chatting with Janice  
Northern Irish food  
About Northern Ireland  
Northern Ireland in the  
20th century in short

### Lesson 02 - Chatting with people living in

#### France: Greg

Present simple  
Simple past and past continuous  
Describing a sequence of events  
I, me, myself  
Adjectives followed by prepositions  
Adjectives ending in -ed and -ing  
Too and enough  
Question tags  
Review of preintermediate Level  
Chatting with Greg  
Weather and climate  
The climate in the USA  
English as a global language

### Lesson 03 - Chatting with people living in

#### France: Mark

Adverbs: manner, place,  
time, frequency  
Verbs followed by prepositions  
Prefixes and suffixes  
Present continuous  
Verbs of preference followed  
by verbs + -ing or to + infinitive  
Present perfect simple  
Present perfect continuous  
Review of pre-intermediate Level  
Chatting with Mark  
British cuisine

### Lesson 04 - Whatever you say!

Ever and compounds  
Emphasizing interrogative pronouns  
Imperatives and negative imperatives

Verbs followed by gerunds or  
infinitives  
Review of preintermediate Level  
Illegal behaviour  
About punctuality  
Uncontrolled movements

### Lesson 05 - Test Lessons 1 to 4

Review and Test of Lessons 1 to 4

### Lesson 06 - Writing a letter of complaint

Passive forms  
"Used to" or "did not use to"  
Tense review  
Complaining about a damaged product  
How to write an effective letter of complaint  
Useful sentences and vocabulary in complaints  
Phrases with "up to"  
Around "to pick up"

### Lesson 07 - Receiving a letter of complaint

Either, or, neither, nor, not either  
Around "so far"  
Contractions  
Imperatives with question tags  
To remember vs. to remind  
Still, already, yet, etc.  
Tense review  
Letter of complaint  
Around "disappointment"  
Around "to get"  
Talking about responsibility  
Around "bills"  
From maker to user

### Lesson 08 - Pronunciation: stress and linking Stress

Word stress: one-syllable words  
Word stress: two-syllable adjectives, nouns and  
verbs  
Word stress: three-syllable words and over  
Word stress: use of prefixes and suffixes  
Linking  
Linking words  
Variability of English pronunciation

### Lesson 09 - Tongue twisters: around phonetics and pronunciation

The 20 vowel sounds and 24 consonant sounds  
Pronouncing the "th" letter group

Pronouncing the short and long "i" sounds  
Pronouncing the "s", "ch", "tch", "je", "dje" sounds  
Pronouncing the letter R or not  
Pronouncing the letters W, V and F  
Pronouncing the "ough" and "augh" letter groups  
Tongue twisters

### **Lesson 10 - Test Lessons 6 to 9**

Review and Test of Lessons 6 to 9

### **Lesson 11 - Travelling through a phonetic labyrinth**

Travelling through a phonetic labyrinth  
Literacy devices, figures of speech  
Travel: at the airport  
Around poems and poetry

### **Lesson 12 - Let's speak fast! - Part 1**

Connected speech in English  
Stress placement in a sentence  
Changes in pronunciation: contractions, elisions, assimilations, coalescences

### **Lesson 13 - Let's speak fast! - Part 2**

Connected speech in English  
Changes in pronunciation: weak forms, linking

### **Lesson 14 - Let's speak fast! - Part 3**

Fast speech  
Around "over"  
Pronunciation of -ed endings  
Around "word"  
Around "yard"

### **Lesson 15 - Test Lessons 11 to 14**

Review and Test of Lessons 11 to 14

### **Lesson 16 - Home conversation**

Filler words  
Must or have to: to express obligation  
Sense verbs  
Sense verbs: active or state verbs?  
Double comparative in idioms  
Phrasal verbs: to put  
Phrasal verbs: to get  
Ellipses  
Situational ellipses  
Textual ellipses  
Ellipses and substitutions  
Home conversation

### **Lesson 17 - Christmas Pudding - a British tradition**

Some phrasal verbs: to cut, to stand, to turn  
Imperatives: DOs and DON'Ts  
Christmas Pudding  
Weight measures  
Weights in cooking  
Liquid measures (volume)  
Liquid measures in cooking  
Measuring objects  
Dried grapes  
Cooking verbs

### **Lesson 18 - I'll be at the beach hut**

Adjectives ending in -ed and -ing  
Sense verbs  
Structures followed by to-infinitives, bare infinitives and -ing forms  
The present continuous infinitive, the perfect continuous infinitive  
Choosing the correct relative pronoun  
Who or whom with prepositions?  
Some phrasal verbs: to keep, to go  
Talking about the future  
Passive forms  
Holidays in Israel  
Travelling  
Alone, by myself, on my own  
Around "to lie"  
Weather conditions: useful adjectives  
To have + adjective + time

### **Lesson 19 - Seeing is believing**

"Used to" to express a past habit  
"Would" to express the past  
Defining relative clauses  
Non-defining relative clauses  
Must have + past participle  
Still and anymore  
Ever  
Beliefs  
Famous make-believe characters  
Some noises humans make  
Around "to believe", "to happen", "to swear"  
Around "mill"  
Beliefs and superstitions in Scotland

### **Lesson 20 - Test Lessons 16 to 19**

Review and Test of Lessons 14 to 19

### **Lesson 21 - On the roads of the United Kingdom**

Asking for and giving directions: useful sentences

The imperative to give directions

Driving in the UK

Around cars: glossary

Driving glossary

Phrases related to driving and manoeuvres

Pedestrian crossings in the UK

Asking for and giving directions

Some road signs in the UK

### **Lesson 22 - The driving test**

Here, there, over here, over there

One, ones

Phrasal verb "to run"

To get in or to get on a vehicle

Will for immediate intention

Closed questions, short answers

Some verbs with "over"

Phrasal verbs with "away"

Emphatic imperative

Taking the driving test in the UK

Road lane markings in the UK

Useful vocabulary: on the roads

Around "sight"

Around "speed"

### **Lesson 23 - The pub - a British way of life**

Passive structures

Advanced passive structures with reporting verbs

Advanced passive structures with modals

Advanced passive structures with verbs followed by infinitives or gerunds

Conditional conjunctions

The pub: a British way of life

Pub culture

Drinks in a pub

Pub opening hours

Entertainment in a pub

### **Lesson 24 - Talking about the environment**

Gradable and non-gradable adjectives

Adverbs of degree

Adverbs of degree and adjectives

Adverbs of degree and adjectives: collocations

The environment: sources of energy

The environment: useful verbs

The environment: useful vocabulary

Environmental issues: lessening our carbon footprint

### **Lesson 25 - Test Lessons 21 to 24**

Review and Test of Lessons 21 to 24

### **Lesson 26 - Talking to Rachel**

Question tags

Present perfect tense

Present perfect continuous tense

Still, anymore and no longer

"Do" as an auxiliary in affirmative sentences

Phrasal verbs with "up"

Matching adverbs and pronouns

Compass points

Around "odd"

Marketing and advertising: useful vocabulary

Around "joy"

Astronomy and the solar system: useful vocabulary

### **Lesson 27 - Talking to Rebecca**

Used to

Causative structures

The past perfect simple

The past perfect continuous

Phrasal verbs with "back"

A bit of geography: England

Accents in England

Instruments and musicians

Types of music

Working hours and shifts

### **Lesson 28 - Talking to Scott**

Separable or inseparable phrasal verbs

General knowledge: Scotland

Geography of Scotland

Symbols, traditions and famous Scots

Important dates in the history of Scotland

The Scottish economy

10 fun facts about Scotland

### **Lesson 29 - Talking to Wynne**

Phrasal verbs with "up"

Phrasal verbs with "stand" and "run"

Formal subjunctive

General knowledge: Wales

Geography of Wales

Symbols and traditions in Wales

Famous Welsh people

Bad friends

Around "chip"

The history of Wales

The Welsh economy

Rugby

10 fun facts about Wales

### **Lesson 30 - Test Lessons 26 to 29**

Review and Test of Lessons 26 to 29

# PARTIE 2 : Reflex'English Level 3 – Speak & Revise (B2/C1)-10H

## Compétences langagières - comprendre et s'exprimer en anglais

La formation est organisée autour de différents thèmes et couvre les compétences langagières : grammaire, vocabulaire, expression et compréhension orale.

### Compréhension écrite

Le rappel de points de grammaire et de vocabulaire étudiés dans Reflex'English Level 2.

### Compréhension orale – Écoute audio / Enregistrements audio / Reconnaissance vocale

- De nombreux exemples audio permettent de mémoriser la bonne prononciation.
- La fonction d'enregistrement permet de tester et comparer sa prononciation.
- La fonction de reconnaissance vocale permet de mesurer la justesse de sa prononciation.

# PARTIE 3 : Reflex'English Level 3 – GRAMMAR & VOCABULARY (B2/C1)- 30H

## Reflex'English Grammar C1/C2

- Lesson 1 - Word order
- Lesson 2 - Active and state verbs
- Lesson 3 - Talking about events in the future
- Lesson 4 - Other ways of expressing the future
- Lesson 5 - Affixes: prefixes and suffixes
- Lesson 6 - Conditional conjunctions
- Lesson 7 - Transitive and intransitive verbs
- Lesson 8 - Inversion with negative adverbials
- Lesson 9 - Expressions with 'used to'
- Lesson 10 - Past perfect simple and continuous
- Lesson 11 - The future in the past
- Lesson 12 - Adjectives, nouns and verbs followed by prepositions
- Lesson 13 - Participle clauses
- Lesson 14 - Emphatic cleft sentences
- Lesson 15 - Advanced passive structures
- Lesson 16 - Modal verbs in the past
- Lesson 17 - Verbs followed by infinitives or gerunds
- Lesson 18 - Gradable and non-gradable

## Reflex'English Vocabulary C1/C2

- Lesson 1 - Talking about money
- Lesson 2 - People and customs
- Lesson 3 - Business and the Economy
- Lesson 4 - Industry, machines and technology
- Lesson 5 - Idioms and expressions
- Lesson 6 - Commercial correspondence
- Lesson 7 - Job search
- Lesson 8 - Writing CVs and cover letters
- Lesson 9 - Dealing with a job interview
- Lesson 10 - Agriculture
- Lesson 11 - Synonyms and antonyms
- Lesson 12 - False friends and anglicisms
- Lesson 13 - Abbreviations, acronyms and eponyms
- Lesson 14 - The Media
- Lesson 15 - Ecology
- Lesson 16 - Energy
- Lesson 17 - Criminality
- Lesson 18 - Justice and law
- Lesson 19 - Travelling around Britain and Ireland
- Lesson 20 - Travelling around the USA and Canada

**TEST DE VALIDATION DES COMPETENCES ACQUISES  
ATTESTATION DE FORMATION DELIVREE EN FIN DE STAGE  
CERTIFICATION A PASSER EN FIN DE STAGE (SI CPF)**