

FORMATION

Anglais Reflex - Niveau 1

A distance



► **Type de cours :**
Distanciel

► **Référence :**
ANG1-REF-DIS

► **Durée:**
100h de formation

► **Lieu :**
A distance

ATTESTATION DELIVRÉE EN FIN DE FORMATION

Pré-requis
Anglais scolaire

Public visé
Tout public

Objectifs

Reflex'English Level 1 est une ressource digitale qui s'adresse aux débutants, mais aussi à ceux qui souhaitent revoir les bases grammaticales et lexicales en anglais.

Reflex'English Level 1 permet d'atteindre le niveau A2 du CECRL, il est composé de 24 leçons d'apprentissage et de 6 leçons de test, avec de nombreuses animations de situations, de grammaire et de vocabulaire.

Parmi les objectifs de ce niveau : apprendre ou revoir les bases grammaticales et lexicales, comprendre des phrases et expressions usuelles, décrire simplement son environnement, sa situation personnelle et professionnelle, communiquer de façon simple sur des sujets familiers et habituels qui correspondent à des besoins immédiats, se faire comprendre dans des situations simples.

Formation éligible au CPF
Passage de la certification English 360
(si CPF)



Méthodes pédagogiques

- Ordinateur + connexion internet (avec micro et haut parleurs) pour le distanciel
- Navigateur web : Edge, Chrome, Firefox, Safari, Edge, Android, iOS
- Système d'exploitation : Mac, Windows, Android, iOS
- Évaluation en fin de stage,
- Attestation de formation.

PARTIE 1: Reflex'English Level 1(A2) - 60H

Lesson 1 - Starting out

Grammar

- Singular personal subject pronouns
- Plural personal subject pronouns
- To be in simple present: affirmative and contracted form

Lesson 6 – What's your name?

Grammar

- Possessive adjectives
- Questions with what
- Asking for someone's name
- Giving one's name
- Asking questions
- Negative sentences in the simple present
- To have got in the simple present
- Simple present: negative and interrogative forms

Lesson 2 - Are you English?

Grammar

- To be + nationality
- To be from + country
- To come from + country

Vocabulary

- Countries
- Nationalities

Lesson 3 – To be...

Grammar

- To be in the simple present: affirmative contracted form
- To be in the simple present: negative form
- To be + adjectives

Vocabulary

- The alphabet
- Countries
- Everyday adjectives

Lesson 4 – ...or note to be

Grammar

- To be in the simple present – negative form: contraction of the verb
- To be in the simple present – negative form: contraction of not
- To be in the simple present: interrogative form
- To be from: country/city of origin

Vocabulary

- The United Kingdom (UK) – Le Royaume-Uni

Lesson 5 - Starting out

Review and Test of Lessons 1 to 4

Lesson 6 – What's your name?

Grammar

- Possessive adjectives
- Questions with what
- Asking for someone's name
- Giving one's name
- Asking questions
- Negative sentences in the simple present
- To have got in the simple present
- Simple present: negative and interrogative forms

Vocabulary

- Family
- Nationalities
- Names

Lesson 7 – Numbers

Grammar

- Numbers from 0 to 20, from 20 to 100, after 100
- Hundred, thousand, million
- 1st, 2nd, 3rd, 4th, 5th... 100th
- Particular forms

Vocabulary

- Calculations, the four basic operations
- Around numbers
- Around first, second and third
- Indeterminate quantities

Lesson 8 – Other numbers

Grammar

- After 100th, after 1000th
- Fractions
- Decimal point, comma
- Zero, nought, oh
- Percentages
- Phone numbers
- Years

Vocabulary

- Phrases with percentages and fractions

Lesson 9 – Days, months and seasons

Grammar

- Simple present
- To be in the simple past
- Time expressions with this, next, last

Vocabulary

- Days of the week, months of the year, seasons
- Phrases with work and day
- Around time
- Around “to begin” and “to end”
- Temperatures (weather)
- Some important dates in the year (Christmas, Easter)

Lesson 10 – Test lessons 6 to 9

Review and Test of Lessons 6 to 9

Lesson 11 – Hello and goodbye

Grammar

- Good and bad (irregular adjectives)

Vocabulary

- Greetings at different times
- Saying « hello »: first greetings, friendly greetings, formal greetings, polite greetings
- Saying « goodbye »: informal goodbyes, polite goodbyes
- Around soon and late
- Around please and nice
- Around friend and fine

Lesson 12 – My favourite colour

Grammar

- Regular adjectives: comparative and superlative forms
- Open and closed questions

Vocabulary

- Colours
- Around the weather
- Traffic lights in England
- Hair
- 2D and 3D Shapes
- Around “other”

Vocabulary

- Saying one’s age
- Saying your date of birth
- Numbers, days and months

Lesson 14 – The time

Grammar

- Asking and telling the time
- In and at to specify a moment
- The time: past, to, exact time
- Adjectives used with time phrases
- Just in time + to/for

Vocabulary

- Clocks
- Around meals
- Talking about timetables
- Phrases around time

Lesson 15 – Test lessons 11 to 14

Review and Test of Lessons 11 to 14

Lesson 16 – Where is it?

Grammar

- Asking for and giving directions
- Beginning / middle / end
- Left/right
- Up / down
- Bottom / top
- Addressing someone
- To go + prepositions
- Possessive case

Vocabulary

- Shops
- Means of transport
- In a building

Lesson 17 – Turn left!

Grammar

- Asking for and giving directions
 - Could
 - To tell
 - Which on or On which?
- Simple present
- Possessive pronouns
 - This/these, that/those
 - Imperative

Vocabulary

- Saying “thank you” and answering

Lesson 18 – My home

Grammar

- Locating things around you
- There is/are
- There isn't/aren't
- There is + some / There are + some
- There isn't + any / There aren't + any
- Is there / Are there + any?
- Much / many
- Quantifiers

Vocabulary

- Rooms
- In the bathroom
- In the kitchen
- Objects and pieces of furniture

Lesson 19 – Around the house

Grammar

- Locating things around you
- Making suggestions with “let’s”
- Prepositions of space
- Quantifiers
- Too, also and as well

Vocabulary

- Describing the house
- Rooms
- Some common verbs
- Describing size

Lesson 20 – Test lessons 16 to 19

Review and Test of Lessons 16 to 19

Lesson 21 – Your body

Grammar

- Body/Senses-related verbs

Vocabulary

- Parts of the body
- The five senses

Lesson 22 – Clothes and accessories

Grammar

- Present participles
- Present continuous

Vocabulary

- Clothes and accessories
- Clothing materials
- Parts of the body

Lesson 23 – Introducing yourself

Grammar

- Introducing oneself and others
- Reflexive pronouns –
- Imperative with “let me” and “let’s”
- Expressing permission
- Referring to someone

Vocabulary

- Family members
- Greetings
- Interviewing
- Meeting people for the first time
- Around “short”

Lesson 24 – Talking about family

Grammar

- Introducing someone
- “To have got” in the simple present
- Adjectives ending with «-ed» or «-ing»
- Short and long adjectives
- Comparative and superlative
- Prepositions of place

Vocabulary

- Animals
 - Talking about family and relatives
 - To live + prepositions
- ### Vocabulary
- Describing the family
 - Interests
 - Describing a picture

Lesson 25 – Test lessons 21 to 24

Review and Test of Lessons 21 to 24

Lesson 26 – Whose dog is it?

Grammar

- Wh-questions
- Possessive pronouns
- Talking about possession
- Irregular plurals
- Possessive case
- Some, any, no

Vocabulary

- Animals
- Talking about family and relatives
- To live + prepositions

Lesson 27 - What's your son's favourite hobby?

Grammar

- Talking about family and relatives
- Both
- Position of an adjective or an adverb
- Simple present
- Relative pronouns

Vocabulary

- The United Kingdom of Great Britain and Northern Ireland
- Hobbies
- Sports
- Around wedding
- "In-law family" vs. "step family"

Lesson 28 – At the grocer's

Grammar

- Prepositions « at » and « to »
- Very few, few, a few, quite a few
- All
- Would like
- One, ones

Vocabulary

- Shops
- At the grocer's
- A funny joke
- Around funny

Lesson 29 – How many eggs, Madam?

Grammar

- How much? or How many?
- Quantifiers

Vocabulary

- Food and drinks
- At the market
- At the grocer's
- Phrases for special numbers
- Food quantifiers and containers

Lesson 30 – Test lessons 26 to 29

Review and Test of Lessons 26 to 29

PARTIE 2 : Reflex'English Level 1 – Speak & Revise (A2) - 10H

Compétences linguistiques

Compétences langagières - comprendre et s'exprimer en anglais

La formation est organisée autour de différents thèmes et couvre les compétences langagières : grammaire, vocabulaire, expression et compréhension orale.

Compréhension écrite

Le rappel de points de grammaire et de vocabulaire étudiés dans Reflex'English Level 1.

Compréhension orale – Écoute audio / Enregistrements audio / Reconnaissance vocale

- De nombreux exemples audio permettent de mémoriser la bonne prononciation.
- La fonction d'enregistrement permet de tester et comparer sa prononciation.
- La fonction de reconnaissance vocale permet de mesurer la justesse de sa prononciation.

PARTIE 3 : Reflex'English Grammar / Vocabulary (A1/A2) - 30H

Reflex'English Grammar A1/A2

- Lesson 1 - Spelling
- Lesson 2 - The verb to be
- Lesson 3 - Have / Have got
- Lesson 4 - Personal pronouns
- Lesson 5 - The auxiliary do / does
- Lesson 6 - Plurals
- Lesson 7 - There is / there are
- Lesson 8 - Simple present tense
- Lesson 9 - Present continuous tense
- Lesson 10 - Simple past tense
- Lesson 11 - Going to
- Lesson 12 - Simple future with will
- Lesson 13 - Present perfect tense
- Lesson 14 - Wh- questions
- Lesson 15 - Possessive adjectives and pronouns
- Lesson 16 - Reflexive and emphatic pronouns
- Lesson 17 - Prepositions (time, place, means)
- Lesson 18 - Supposed to, would rather, had better
- Lesson 19 - Use your senses
- Lesson 20 - Adjectives, comparatives and superlatives

Reflex'English Vocabulary A1/A2

- Lesson 1 - The family
- Lesson 2 - Numbers
- Lesson 3 - Age
- Lesson 4 - Colours and shapes
- Lesson 5 - Countries, nationalities and languages
- Lesson 6 - Jobs and activities
- Lesson 7 - Transport
- Lesson 8 - Days and months
- Lesson 9 - Weather and seasons
- Lesson 10 - Telling the time
- Lesson 11 - The body
- Lesson 12 - Clothes and accessories
- Lesson 13 - Describing people
- Lesson 14 - Describing things
- Lesson 15 - House and furniture
- Lesson 16 - Sports
- Lesson 17 - Hobbies and leisure time
- Lesson 18 - Food and drink
- Lesson 19 - At school
- Lesson 20 - Animals

**TEST DE VALIDATION DES COMPETENCES ACQUISES
ATTESTATION DE FORMATION DELIVREE EN FIN DE STAGE
CERTIFICATION A PASSER EN FIN DE STAGE (SI CPF)**

Témoignage

Agnès J.

“Très satisfaite, les cours m'ont permis de revoir des leçons que j'avais oublié et de revoir des bases. Je recommanderais les cours car ils sont très ludiques.”